

NORTH KAMRUP COLLEGE, BAGHMARA



BEST PRACTICES

Session : 2018-19

1. Title of the Practice: Remedial Classes and Mentoring Sessions for students

Objective: The objective of remedial classes is to give additional support and help to students who had fallen behind the rest of the class in their respective subjects. Similarly, the mentoring session aims at accelerating the personal and professional development of mentees.

Context: Students are mostly from economically weaker background. Their financial hurdle often hinders their academic and co-curricular aspects. Hence, these remedial and mentoring sessions act as an aid for their holistic performance.

Practice: Regular remedial and formal mentoring system has been implemented in all the departments of the college. This helps in improving the academic skills and linguistic proficiency of the students in various subjects. It also helps to raise their level of comprehension of basic subjects to provide a stronger foundation for academic work. These sessions strengthen their knowledge skills and attitudes in their respective subjects. Remedial classes are organised in working days after regular teaching hours of the college after commencement of classes. Mentoring sessions supports and encourages students to manage their own learning in order to maximize their potential, develop their skills, improve their performance and become the person they want to be. Students for mentoring are divided or allocated to faculties based on a certain ratio. Only full time or regular faculties are given the responsibility of mentoring students. Regular records of these sessions are kept by teachers and at the end of each session a meeting with parents is conducted to discuss about the academic and co-curricular aspects of the students.

Evidence of Success: Improvement in academic and non-academic dimensions have been witnessed in students.

Problems Encountered: Initial sessions witnessed hesitation on the part of students which gradually decreased with regular remedial and mentoring sessions. As per NAAC format in your institution website, provide the link.

2. Title of the Practice: Best Reader Award/ per semester (Library)

Objective: The objective of this practice is to encourage students to read and use the library for their benefit in a regular manner.

Context: Through this award the students are encouraged to access the rich stock of study materials including text books, reference materials, journals etc. for better academic performance and enrichment of their general knowledge.

Practice: The college has a loaded library that occupies a prominent position and is integral in various teaching programmes of the college. The library provides text books as per prescribed syllabus along with necessary reference materials for students. This acts as a vital support especially for financially weaker students who find it difficult to afford books for their regular classes. Supplementary study materials help them in further analysis and research of the given academic content. The college library is also a store-house of guide books for various state-level and national competitive examinations. This award for best reader shall not only allure the students towards the college library and help them overcome the very prevalent 'Library Anxiety' but will also support them economically and enrich them academically. The Best Reader Award aims at motivating students to develop the habit of reading books and further developing a research aptitude.

Problems Encountered: None

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BEST PRACTICES

Session : 2019-20

1. Title of the Practice: Relief (material and financial) from College Teachers' Unit provided to nearby villages

Objective: The objective of this practice was to help people from nearby villages (poor family and daily-wage earners etc.) to cope with unprecedented financial and material stress relating to COVID-19 pandemic

Context: The economic and social disruption caused by the pandemic was devastating. It led to a serious impact on the societal lifestyle causing several newly implemented restrictions by the Government. The College Teachers' Unit, therefore, decided to raise funds and provide some relief to more than fifty family of nearby villages.

Practice: The COVID-19 pandemic has led to a dramatic loss of human life worldwide and presented an unprecedented challenge to public health, food systems and the world of work. Many agricultural workers-waged and self-employed- while feeding the world, regularly face high levels of working poverty, malnutrition and poor health, and suffer from lack of safety and labour protection as well as other types of abuse. With low and irregular incomes and a lack of social support, many of them are

spurred to continue working, often in unsafe situations, thus exposing themselves and their families to additional risks. Further, when experiencing income losses, they may resort to negative coping strategies. Our college decided to raise funds for similar affected families in order to provide some relief and distributed the same to nearby affected people and local artist. These funds included both material and financial assistance and was handed over to the village council (Gram Panchayat) for further dissemination.

Problems Encountered: Restrictions laid by the Government to cope up with Covid-19 especially on travel, transportation and social distancing created some problems which was however subsided with the cooperation of the village council.

2. Title of the Practice: Free and assisted health consultation to girl students in nearby PHE.

Objective: The objective of this practice was to promote women health and hygiene.

Context: The college being a rural college with high girl student enrolment gives us an opportunity to make them aware of their physical body and various health issues that might affect them if and when not taken proper care of.

Practice: Rural women in India experience poorer health outcomes and have less access to health care than urban women. Many rural areas have limited numbers of health care providers too. Indian women have high mortality rates, particularly during childhood and in their reproductive years. Keeping in mind this significant health disparity between rural and urban women and with an intent to educate our girl students in their prime years

about female body and health, the college decided to provide any three girl students whoever approach the Women Cell of the college to the nearby PHE for a free and assisted health consultation each month. Along with educating them about various health profiles including blood pressure, sugar level, weight, haemoglobin rate etc., it benefits the young girls from the college who often get deprived from regular health assistance due to their financial crisis.

Problems Encountered: In the initial months the number of girl students who approached the administration was less due to various inhibitions and their shy nature. However, with time the number of girls availing the facility has increased significantly.

NORTH KAMRUP COLLEGE, BAGHMARA



SESSION: 2020-21

1. Title of the Practice:

Conservation of Indigenous Language and Culture

Objective of the Practice:

Languages are important in our lives as they play an important role in communication and understanding each other. Most of the time, the term native language refers to the language that we learn in early childhood because it is spoken by our family and/or the language of the area in which the child lives. It is also known as mother tongue or arterial language. With the advent of globalization, it has become imperative for us to explore foreign languages. But it should not urge us to alienate our native language. Language is not only a means of communication but also a powerful tool for preserving our culture and heritage. When a language dies, so does part of the culture. Through this practice, the college attempts to conserve the indigenous culture, language and thereby the Assamese and Bodo race.

Context of the Practice:

In India, there are more than 600 languages spoken. There are 22 languages included in the Eight Schedule of the Indian Constitution. India epitomizes unity in diversity, and languages are a big part of our collective identity. Though there are few places where native languages are being used for the official purpose or the teaching at schools, but most of the places English as the language is used in spite of the native language. The college is committed towards the preservation of indigenous languages as it strongly believes that when we lose a language, a community loses its unique vision- its history and culture, we lose the local perspectives and stories. It is tragic that, with loss of their mother tongue, people find themselves unable to speak their first language. It is an irreplaceable loss. To avoid the extinction of the language and culture and in adherence to NEP 2020, the college has adopted this practice.

The Practice:

To celebrate the indigenous Language and Culture of Assam, the college has undertaken the following activities:

1. The college (Department of Assamese) has celebrated International Mother Language Day on Feb 21, 2021.

2. The college in collaboration with the Department of Assamese celebrates festivals like Bhogali Bihu and Rogali Bihu wherein students are motivated to prepare ethnic cuisines like *Pitha* and *Laru*.

3. The Department of Assamese have initiated a humble endeavour of conserving Assamese tradition and culture by curating a museum which consists of various traditional attires of indigenous communities of the state.

4. Various vocational courses on indigenous weaving techniques/patterns and traditional handloom art are provided by the college.

5. Cultural rallies are conducted annually by the college. Students wear traditional outfits and enact various cultural festivals during this procession.

6. The college provides a certificate course on Creative Writing under the Department of Assamese.

7. The college provides a certificate course on Traditional Art and Culture of Bodos under the Department of Bodo.

8. The college has attempted to conserve indigenous Bodo culture amongst students by allowing the Bodo Students to wear their traditional attire (*Dokhona* and *Fasra*).

7. During the Covid- 19 period the college had assigned students to write on the importance of indigenous language (Project on *Baghmara r aancholik bhasa*).

Problems Encountered: We haven't been able to digitalise this initiative yet which we plan to do in the near future.


2. **Title of the Practice:** College Retired Teachers' Forum (CTRF)

Objective: The objective of this practice is to keep the senior and experienced teachers associated with the institution who can provide the college with necessary guidance in times of need.

Context: The college in the given academic year had appointment of a significant number of new academic faculties in various departments. Hence, this forum was created to mentor them when and if necessary.

Practice: A forum for the Retired Teachers' of the college was constituted wherein all the teachers who had retired in the past years became the members of the forum. The forum had Mr. Pankaj Das as President, Mr. Haren Das as Vice President, Mr. Dilip Lahkar as Secretary of the forum. The functions of this forum are:1. To suggest and guide in Academic dimensions of this college 2. To assist in various administrative activities 3. To render service as Guest Lecturer, when and if needed 4. To support during admission awareness drives in nearby areas with whom they had developed a friendly rapport during their service period. This forum not only guided the currently employed teachers as forefathers but also have supported in preparing the college for the upcoming NAAC peer team visit.

Problems Encountered: Because of age and various health issues, the retired teachers are unable to visit the college regularly, when and if needed.



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BEST PRACTICES FOR THE ACADEMIC SESSION 2021-22

1. **TITLE:** GOING BACK TO THE ROOTS (INDIAN KNOWLEDGE SYSTEM)

OBJECTIVE: The principal objective of this practice is to integrate and disseminate the IKS within the college education system.

CONTEXT: The National Educational Policy 2020 (NEP 2020) recommends the incorporation of Indian Knowledge System (IKS) into the curriculum at all levels of education. According to NEP, "The heritage of ancient and eternal IKS and thought has been a guiding light for this Policy. The pursuit of Knowledge (Jñāna), wisdom (Prajñā), and truth (Satya) was always considered in Indian thought and philosophy as the highest human goal. ... The Indian education system produced great scholars such as Charaka, Susruta, Aryabhata, Varahamihira, Bhaskaracharya, Brahmagupta, Chanakya, Chakrapani Datta, Madhava, Panini, Patanjali, Nagarjuna, Gautama, Pingala, Sankardev, Maitreyi, Gargi and Thiruvalluvar, among numerous others, who made seminal contributions to world knowledge in diverse fields such as mathematics, astronomy, metallurgy, medical science and surgery, civil engineering, architecture, shipbuilding and navigation, yoga, fine arts, chess, and more. Indian culture and philosophy have had a strong influence on the world. These rich legacies to world heritage must be nurtured and preserved for posterity and researched, enhanced, and put to new uses through our education system." To implement this vision, the college has adopted various initiatives and incorporated them under this best practice for the session.

PRACTICE: In accordance to the vision of NEP 2020, the college has taken various initiatives to return to the roots of our nation and its knowledge system.

- International Yoga Day was celebrated on 21st June, 2022 highlighting the theme, "Yoga for Humanity". It is an ancient practice that originated in India and has gained popularity globally for its mental, spiritual and physical benefits.
- World Philosophy Day was celebrated on 17th November, 2022 on the theme "The Human of the Future". Resource Persons highlighted especially on Indian Philosophy and spoke about "Bharatiya Dhristi" based on Srimanta Sankardeva's darshan and Swami Vivekananda.
- 400th Birth Anniversary of Lachit Borphukan was observed from 19th to 23rd November, 2022 by the college. Various programmes like Essay Competition, Quiz Competition, Lecture Programme etc was organised based on the history of Assam and the reign of Ahom kingdom. A documentary on Bir Lachit Borphukan was also screened for the students to create awareness amongst them about Assamese Culture and to instil nationalist feeling.
- International Mother Tongue Day was celebrated on 21st February, 2023 wherein the importance of Mother Tongue (Assamese and Bodo) was discussed extensively.
- Birth Anniversary of Chandraprabha Saikiani was observed by the college in collaboration with an adopted school so as to enlighten the students about the Assamese freedom fighter, activist and social reformer.
- Lecture Programme on History of Assam and Indian Knowledge System was organised by the college on 13th May, 2023.

- Annual Lecture Programme was held on 25th May, 2023 on the topic, “Reconstruction of Assam’s History and Role of the Youth”.

PROBLEMS ENCOUNTERED: None

2. TITLE: PUSTAK PRATHA- THE READING CULTURE

OBJECTIVE: The primary objective of this practice is to develop a culture of reading books/journals so as to enhance cultural understanding of the world and to foster a thinking/talking culture around books among our students.


CONTEXT: Reading transcends class, race, age, and gender. It’s a free magic carpet ride to anywhere on Earth (or beyond), at any point in time. Every child, regardless of age or ability, deserves to be able to access the written word. Readers who go on to develop a life-long love of literature not only decode, segment, and blend with ease, they have a genuine adoration for the power of prose. In order to stimulate a lasting love of reading, it’s crucial that we build a strong reading culture in schools. In this day and age of increased screen time, there is a rising fear that students’ reading habits are declining. Hence, our college has taken up several means to enhance this culture that makes it one of the best practices for the session.

PRACTICE:

To encourage the reading habit amongst our students and develop it as a culture, following are the steps taken by the institution:

1. Best Reader Award: Our college provides a Best Reader Award to our students every year. The selection takes place on basis of the visits made by a student and their attendance in the college central library. Later on, the shortlisted students are interviewed to determined their aptitude and awarded the title.
2. Library Orientation Programme: A Library Orientation programme is organised every year to familiarise the students with the central library, the resources available in it and the ways to access it, when and if needed by the students.
3. Departmental Library Access: Each department have their libraries of which students have full access of reading and lending books.
4. Book Donation: Existing and Retired faculties of the college donate books to the library making it available for students, especially the economically- backward ones.

PROBLEMS ENCOUNTEED: None


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